

# Meal-E-Punjab



100% HEALTHY AND 100% FRESHLY MADE

## SPECIAL TRIAL OFFER

GET **50% OFF** ON ONE WEEK TIFFIN PLANS FOR NEW CUSTOMERS

### BASIC PLAN

1 WEEK

4 WEEKS

Available Monday - Friday

#### FULL BASIC PACK

8 Roti + 2 Sabji + Pickle

\$50

~~\$200~~ \$180

GET \$20 OFF

#### HALF BASIC PACK

4 Roti + 1 Sabji + Pickle

\$35

~~\$140~~ \$120

GET \$20 OFF

### PRO PLAN

1 WEEK

4 WEEKS

Available Monday - Friday

#### FULL PRO PACK

8 Roti + 2 Sabji + Rice + Raita + Salad + Pickle

\$60

~~\$240~~ \$220

GET \$20 OFF

#### HALF PRO PACK

4 Roti + 1 Sabji + Rice + Raita + Salad + Pickle

\$45

~~\$180~~ \$160

GET \$20 OFF

### WEEKLY ADDONS

#### ROTI

1 Additional Roti everyday

\$3

#### SALAD

Extra Salad Box

\$5

#### RAITA

Upgraded Size

\$5

#### RICE

Upgraded Size

\$10

#### SABJI

Upgraded Size

\$15

### SINGLE TIFFIN PLANS

#### FULL SINGLE TIFFIN PACK

8 Roti + 2 Sabji + Rice + Raita + Salad + Pickle

\$15

#### HALF SINGLE TIFFIN PACK

4 Roti + 1 Sabji + Rice + Raita + Salad + Pickle

\$10

### WHY CHOOSE US?

- 100% Home-like Taste
- No Extra Oil or Masala
- Just Simple, Healthy Food
- Freshly Cooked Every Day
- Sweet Dish Twice a Week



**FREE DELIVERY  
IN BRAMPTON**

📞 Call Us: +1 (437) 551-3446

✉ Email Us: mealepunjab@gmail.com

### SPECIAL PICKUP DISCOUNT

LOCATION - NEAR QUEEN / KENNEDY

**GET \$5 OFF ON WEEKLY PLAN  
AND \$20 OFF ON 4 WEEK PLAN**